



SPA MENU

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Our Philosophy

Welcome to a sanctuary of serenity, where self-care takes center stage. Our spa menu is a carefully crafted collection of indulgent treatments designed to rejuvenate your body, mind, and spirit. From revitalizing massages to soothing skincare rituals, each offering is a moment of bliss meticulously tailored to enhance your well-being. Step into a world of tranquility, where our expert therapists await to guide you on a journey of relaxation and renewal. Elevate your senses with our thoughtfully curated spa menu, and let the healing journey begin.

WET AREA

Daily use with reservation

Welcome to our serene wet area, a sanctuary of water-inspired relaxation. Immerse yourself in tranquility as you explore our thoughtfully designed facilities, where warmth and moisture create the perfect retreat from daily stress. Let the soothing sounds of water guide you to a state of pure bliss. More than just a space, our wet area offers a revitalizing experience that refreshes both body and mind. Enjoy the therapeutic benefits and embark on your journey to ultimate relaxation.

Explore our facilities

Heated indoor pool

Sauna

Herbal Sauna

Steam room

Experience Showers

Water Paradise

Ice Fountain

Salt Wall Relaxing Room

Wellness Relaxation Areas

Health Bar



IN THE ROYAL SUITE

Step into a world of calm and indulgence in our exclusive Spa Suite. Designed with your well-being in mind, this private retreat includes a tranquil massage room, a revitalizing sauna, a cleansing steam bath, and a luxurious jacuzzi. It's the perfect escape for relaxation, offering a peaceful haven to soothe the body and refresh the mind.

Royal Suite for Couples

60'

Live your most beautiful moments in the Royal Suite and rejuvenate your body and your soul. Get the unique experience in a completely private area where you will find jacuzzi, steam room and finnish sauna for a deep revitalization and renewal.

Me and you

**Ideal for honeymooners*

Our Suggestion

Treatments Combination

140'

Enrich your spa experience in our Spa Royal Suite, combining refreshing body exfoliation with marine ingredients for detoxification with a relaxing full body massage, for two persons in double cabin.

Royal Suite 60'

Marine Exfoliation 30'

Aromatherapy Full Body Massage 50'



BODY TREATMENTS

Indulge in the ultimate self-care experience with our exquisite body treatments. From nourishing body wraps to invigorating exfoliations, each treatment is a sensorial journey crafted to leave your skin radiant, your muscles relaxed, and your spirit uplifted. Immerse yourself in the luxurious world of our body treatments, where the pursuit of well-being becomes a personalized and transformative experience.

Olive Seed Scrub

25'

A real rejuvenation thanks to the aromas and textures of olive seeds, argan, grape seeds, and orange blossom water. The skin is left free of dead cells and extremely soft.

**Bestseller*

Marine Scrub

25'

A refreshing body exfoliation with vitamins and algae extracts that nourish and soften the skin. Enriched with seaweed, marine elements, and metal salts that transfer you directly to the endless blue of the ocean. Ideal for dry and thirsty skin.

Flor de Sal

40'

The first beauty treatment that combines the exquisite Baobab Oil and the valuable pure marine salt from Flor de Sal d'Es Trenc in Mallorca. An exclusive experience that renews and embellishes the skin, while harmonizing the senses.

After Sun Aloe Wrap

25'

A miraculously refreshing and hydrating wrap treatment based on Aloe Vera and Mint for deep nourishment and relaxation. Offers immediate comfort and a unique sense of coolness, and renews sensitive and irritated skin.

Detoxifying Seaweed Wrap

25'

Maximum comfort and rest for the limbs of the body, providing them with all the hydration and nourishment they need. Improves blood circulation and relaxes the muscles.

Silky Wrap and Facial

40'

Maximum comfort and rest for the limbs of the body, providing them with all the hydration and nourishment they need. Improves blood circulation and relaxes the muscles.

**Bestseller*



Restore your Balance
Renew your Energy

FACIAL TREATMENTS

Our spa menu beckons you into a realm of skincare indulgence, where each treatment is a carefully curated blend of relaxation and targeted rejuvenation. From hydrating facials to specialized skincare treatments, our expert Aestheticians are dedicated to enhancing your natural beauty and restoring balance to your complexion. Elevate your skincare routine with our thoughtfully crafted spa menu, and let your radiant transformation unfold.

After Sun with Aloe Vera

30' / 50'

Royal Jelly, an exceptional nourishing elixir offered to us by nature, manages to work on epidermal cohesion and to restore “skin resilience”. Thus, it provides the skin with the power to be protected against external stress and to overcome it quickly. Skin is nourished and deeply revitalized.

** Bestseller*

Purexpert Clarity

50'

Universal and personalized treatment for all ages and all skin types. In record time it cleanses deeply, purifies, renews, and soothes the surface of the skin. Reveals a more uniform, luminous, and pure face.

Deep Hydration with Roses

50'

A rehydration therapy for all skin types that will nourish your face using the ingredients of extracts from wildflowers. The skin is transformed: oxygenated, hydrated, strengthened, and regenerated.

Radiance C

75'

Exquisite anti-aging face treatment. Its stunning composition fills the wrinkles, rejuvenates, moisturizes the skin, and activates the defense and cellular regeneration mechanisms. The ritual includes a toning massage with specialized movements for a renewed and refreshed skin.

Global Anti Age On

75'

Exquisite anti-aging face treatment. Its stunning composition fills the wrinkles, rejuvenates, moisturizes the skin, and activates the defense and cellular regeneration mechanisms. The ritual includes a toning massage with a special spoon, placed on ice and a unique metallic icy mask.

**Winner of the prestigious Highest Award at the 20th IFSCC (International Federation of Cosmetic Chemists), considered the Nobel Prize of Cosmetics.*

Self Care
is Healthcare



MASSAGE COLLECTION

Embark on a journey of pure bliss and relaxation with our rejuvenating massage therapies. Our spa menu offers from soothing Aromatherapy massages to invigorating deep tissue therapy, our diverse range of massage offerings caters to your individual needs. Immerse yourself in the therapeutic touch of our experienced therapists, and let the stresses of the day dissipate. Elevate your well-being with our massages, where every session is a pathway to serenity and renewed vitality.

Back, Neck & Shoulders

25'/50'

A massage inspired by an ancient Greek technique that provides relaxation and achieves well-being through the harmony between the mind and the spirit. A relaxing massage based on slow movements that reduce stress levels.

Foot Reflex

30'

Through a specific method of pressure at the appropriate points of the feet, the therapist restores the balance between body and spirit.

Sculpting Body

25' / 45'

Slimming and firming massage techniques achieve incredible effectiveness in reducing the volume and the appearance of cellulite, offering great results in the legs and buttocks.

Prenatal

40'

Specially developed for mothers-to-be, this experience employs massage techniques to relieve tension, soothe muscles, and reduce pain caused by shifts in posture. Applying moisturizing almond oil, the skin feels hydrated, soft, and silky.

Aromatherapy

50' / 75'

Specially selected essential oils are combined with a rhythmic and relaxing massage technique that liberates tension, restores the senses, and offers absolute tranquility.

Light to Medium



Swedish

50' / 75'

Unique sensory Swedish massage, based on almond oil. More than soothing dry skin, almond oil can improve complexion and skin tone. The massage focuses on specific body parts according to your needs and preferences with accumulated tension such as the head, shoulders, face, back, and legs.

Medium to firm

Candlelight

50' / 75'

An unforgettable massage that nourishes and protects the skin thanks to the natural benefits of olives, citrus, or lavender. The treatment makes your skin, silkier than ever, show all its 100% Mediterranean beauty.

Medium to firm

**Bestseller*

Deep Tissue

50' / 75'

Deep pressure massage with specific techniques and focus on the trigger points that relieve muscle tension and stress, targeting the deeper layers of the muscles' connective tissue. Firm pressure from elbows and forearms loosens stiff muscles and joints for improved circulation.

Firm to deep

Hot Healing Stones

70'

The massage techniques are combined with the properties of the volcanic stones and the essential oils. The heated stones are placed on key points of the body, releasing the accumulated energy from the chakras, while inducing a feeling of total harmony, well-being, and profound muscular relaxation.

Light to Firm



ADD ON in any treatment with 20% Off

Eyes & Lips

25' / 45'

A fast, effective solution that works instantly on the lines and wrinkles of the eye contour. This eye and lip treatment offers a rejuvenated look and smoother skin.

In 45min we add a suction cup, quartz stone, and yoga massage that are used to perform eye massage to enhance the beneficial results.

Scalp Massage

20' / 40'

A delightful head massage formulated with five original essenical oils that revitalize sensitive and irritated hair, and relieve headaches and migraines, offering the desired comfort. The treatment promotes deep relaxation and supports restful, restorative sleep.



Time for Wellness
Time for Yourself

SIGNATURE TREATMENTS

Our signature spa treatments are the epitome of luxury and exclusivity in the world of wellness. These unique offerings define our spa's identity, blending local influences, holistic approaches, and innovative techniques to provide an unparalleled experience. These signature treatments go beyond the ordinary, promising a journey of relaxation, rejuvenation, and holistic well-being.

Idolo's Summer Breeze

90'

This Signature treatment begins with a full body exfoliation rich in minerals, followed by a refreshing after-sun body wrap to improve well-being. The treatment is then completed with an after-sun factreatment with royal jelly and aloe vera which provides the skin with the power to be protected against external stress and to overcome it quickly. Skin is nourished and deeply revitalized.

Idolo's Greek Scent

120'

Using simple, natural formulations a base of Greek olive oil is combined with aromatic essential oils and olive pits. The wildflower facial, olive body scrub, and candle massage work to nourish and hydrate the skin, while the warmth of the oils and the therapist's gentle, intuitive strokes immerse you in optimal relaxation.



KIDS SPA MENU

Our Kids Spa treatments are a magical place where relaxation and fun meet. We offer three kid-friendly treatments designed to help little ones unwind and enjoy a special pampering experience. From soothing facials to nourishing body treatment, every experience is gentle, safe, and tailored to young guests.

Joy for Children

25'

Our Children's Massage is a soothing and gentle experience tailored to the needs of your child. Using age-appropriate techniques, our trained therapists provide a calming environment where your little one can unwind and relax.

Mommy, Daddy & Me Massage

25'

Using simple, natural formulations a base of Greek olive oil is combined with aromatic essential oils and olive pits. The wildflower facial, olive body scrub, and candle massage work to nourish and hydrate the skin, while the warmth of the oils and the therapist's gentle, intuitive strokes immerse you in optimal relaxation.

Mini Me Facial Treatment

25'

Our Kids' Facial is a gentle, fun way to introduce younger ones to skincare, leaving their skin refreshed and nourished. Perfect for children ages 5-12, this quick treatment is designed to soothe and clean without overwhelming their delicate skin.



BEAUTY SERVICES

At our Spa, we offer a range of beauty services to help you look and feel your best. Enjoy professional nail care with manicures and pedicures, say goodbye to unwanted hair with our advanced waxing techniques, and shape your eyebrows to perfection with specialized grooming services. Each treatment is designed to provide relaxation, comfort, and flawless results.

Nail Care

Nail coloring
Spa manicure
Spa pedicure
Shellac (coloring)
Shellac manicure
Shellac pedicure
Shellac (removal)
Shellac fix-one nail
Kids manicure
Kids pedicure
French Technique

Depilation

Upper lip depilation
Under arms
Half arm
Full arm
Half leg
Full leg
Bikini line
Back area (men)
Chest (men)

Eye Brow Care

Eye brow shaping
Eye brow removal



HOW TO SPA WITH US

Reservations

Please contact the spa reception to book an appointment. We recommend making a reservation to guarantee your preferred treatment and time.

Cancellation policy

We understand that plans can change, and we will do our best to accommodate your needs. However, as all spa time is under reservation, should you need to cancel or change your booking kindly inform our team 24 hours before your time slot with no charge. Otherwise, cancellations made between 12-4 hours before the treatment(s) time will result in you being charged 50% of the treatment(s) cost, and cancellations made between 4 hours - the non-show will result in you being charged 100%.

Before your arrival

As many spa treatments serve to improve blood circulation through the application of special body pressure techniques, we advise against eating a heavy meal before your treatment. However, a light snack is appropriate. Alcohol is forbidden before any spa treatment. We recommend that you do not bring your valuables into the treatment room. The spa bears no responsibility for the loss of any personal belongings. Please wear a bathing suit for treatments including water.

Upon your arrival

Kindly arrive at least 15 minutes before your appointment. Delayed arrival will reduce the available time for your treatment. It will therefore reduce its effectiveness and your pleasure. This is your moment, and we want you to enjoy the experience to the fullest. Please let us know about any preferences you have regarding room temperature, pressure, and music. Your care is our highest priority.

During your stay

The spa is dedicated to maintaining an environment of peace and tranquility. Please help us by respecting our atmosphere of privacy and quiet by putting your mobile phone on flight mode during your spa stay. Smoking, alcohol, and eating at the spa are prohibited.

Gift cards

Gift vouchers are available for any treatment, combination of treatments or home care products and are an ideal gift for someone you love and want to show some care for. Gift vouchers are non-refundable and must be presented during treatment or purchase.

Pregnancy

In our catalog, you will find specially formulated treatments for women during pregnancy and for those who are nursing. Please allow the spa team to guide you, helping you choose which treatment is the most suitable during this special time.

Health questions

Please inform us at the time of booking of any medical condition or special needs. This will allow the spa team to guide you in selecting the right treatments. Before any treatment, our staff will ask you to fill in a consultation form. We fully comply with the EU's general data protection regulation.

Age requirements

The spa facilities are suitable for guests over 16 years of age. Children between 12 and 16 years of age are permitted to use only the indoor swimming pool under parental supervision.

Indoor Pool

The use of the indoor pool and jacuzzi is complimentary for in-house guests.

Scan and Make
Your Online Reservation





www.idolospa.com